

# Effect of *Solanum macrocarpon* fruit on haematology, hepatic and renal function

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**Abstract:** The effect of *Solanum macrocarpon* fruit on haematology, hepatic and renal function was studied. Twenty-five wistar albino rats were divided into five groups of five rats each. Aside the control group, the test groups were given compounded feed of ground *Solanum macrocarpon* fruit and normal (pelletized) rats feed. Results obtained for haematology, hepatic and renal function revealed significance effect ( $p < 0.05$ ) on some of the parameters investigated in test rats against those of the control. This study has shown the effect of *Solanum macrocarpon* fruit on haematology, hepatic and renal function.

**Keywords:** Fruits, Haematology, “Mpuruofe”, Renal Function, *Solanum Macrocarpon*

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## 1. Introduction

Fruits and vegetables are important to the body [1-4]. Aside their nutritional roles in complimenting staple foods to form balanced diets; they also influence biochemical parameters in the body [5-6]. Such influence when positive helps the body to fight many disease conditions [7-8]. Different authors [9-10], have noted that consumption of fruits and vegetables help to prevent diseases such as cancer, ulcers, etc; and as well remedy disease conditions such as gastrointestinal disease, malaria, hepatitis, pile, liver cirrhosis, etc, [6,11-15]. Studies have shown that these fruits and vegetables are able to play these vital roles due to the presence of chemical constituents found in them, which are bioactive in nature [15-17]. These bioactive compounds are termed phytochemicals. Among such chemicals are tannins, alkaloids, phytates, phenols, saponins, flavonoids, steroids, etc [18].

*Solanum macrocarpon* fruit specie of eggplant or garden egg is among such fruits with some of the above named phytochemicals, which are useful to the body [19-22]. The consumption of *Solanum macrocarpon* fruit is spread throughout the African continent. The fruit is served during ceremonies alongside with kola or sometimes in place of kola. The fruit and the leafy part of parent plant are used in the preparation of delicacy such as African salad, yam and stew, etc. Medicinally, the fruit or the leafy part of the plant

are effective against constipation, ulcers, tooth ache and the leaf part is sometimes used as snake bite remedy [6]. The leafy part of *Solanum macrocarpon* is also applied to areas of skin disease, infections and sores [23].

Although the plant is seasonal, it is grown in all parts of Nigeria. It is described with different names by the existing ethnic groups in Nigeria for instance, The Igbos of South-eastern Nigeria call the fruit “A□ara” “Afufa” or “Mkpuruofe”, the Yorubas of South-western Nigeria call it “Igbagba” while the Hausas of the Northern Nigeria call it “Dauta”. With the rate at which the fruit of this plant is being consumed within Nigeria, there is need to look at its possible effect on some biochemical parameters.

The present study investigated the effect of *Solanum macrocarpon* fruit on haematology, hepatic and renal function.

## 2. Materials and Methods

### 2.1. Plant Material Collection, Identification and Preparation

The *Solanum macrocarpon* fruit samples used in this study were purchased from a farm in Owerri Municipal, Imo State, Nigeria. The purchased fruit samples were properly identified by Dr. F. N. Mbagwu of Plant Science and Biotechnology Department, Imo State University,

Owerri, Nigeria. The identified fruits were air dried for one week before they were ground using simple electric blender. The ground samples were stored in airtight bottles till required for animal feeding.

## 2.2. Experimental Animals and Design

Twenty- five male albino rats of wistar strain weighing between 80-110g were obtained from the animal colony of Department of Biochemistry, University of Port Harcourt, River State, Nigeria. The animals were housed in a well-ventilated experimental animal house and were placed on pelletized commercial rat feed (Pfizer livestock Co. Ltd, Aba, Nigeria) and portable water *ad libitum*. They were left to acclimatize for five days. After acclimatization period, the rats were separated into five groups of five rats each. Their weights were equalised as nearly as possible. Aside the control groups, the remaining groups were given compounded feed and water for twenty eight days.

Treatments for the rats were as follows; Control group = Normal feed + portable water; Group Ia = 5% ground fruit sample + 95% pelletized feed + portable water, Group Ib = 10% ground fruit sample + 90% pelletized feed + portable water; Group Ic = 15% ground fruit sample + 85% pelletized feed + portable water; and Group Id = 20% ground fruit sample + 80% pelletized feed + portable water.

All the animals were treated according to NRC [24] guide for care and use of laboratory animals.

## 2.3. Blood Sample Collection

At the end of the treatment period, the rats were sacrificed by making incisions at their cervical regions with sterile blades after being put to sleep in a close container with help of chloroform. Their weights were also taken. Blood was collected by direct heart puncture with help of syringes into anticoagulant free tubes for haematology and anticoagulant free tubes renal and hepatic function studies.

## 2.4. Haematology Test

Blood percentage (Hb) and RBC levels were determined using Sahi's methods Alexander and Griffith [25] respectively. Westergreen's method was used for erythrocyte sedimentation rate (ESR), counting chamber and slide methods were used for white blood cell total count (WBC Total) and differential counts respectively. Haematocrit method was used for packed cell volume (PCV) whereas, mean corpuscular volume (MCV), mean corpuscular haemoglobin (MCH) and mean corpuscular haemoglobin concentration (MCHC), were determined as described by Alexander and Griffith [26].

## 2.5. Hepatic Function Test

The method of Write et al.[27] was used to determine alkaline phosphatase (ALP), alanine aminotransferase (ALT), and aspartate aminotransferase (AST) levels were determined using the methods of [28]. Total and

conjugated bilirubin levels were assayed using [29] methods.

## 2.6. Renal Function Test

Creatinine, urea, and potassium ions were determined following strictly the instructions on their kits. Sodium ion, chloride and bicarbonate ions of renal function were done using the methods of [30], [31] and Forrester et al.[32] respectively.

## 3. Results

The result of hematology analysis (Table 1) revealed that Hb (g/dl) levels increased from  $12.23 \pm 0.17$  to  $15.07 \pm 0.20$ ; PCV(%) ranged from 39.14 to  $48.22 \pm 1.40$ ; WBC( $10^9/L$ ) ranged from  $7.32 \pm 0.21$  to  $10.41 \pm 0.10$ ; lymphocytes(%) ranged from  $56.34 \pm 1.30$  to  $61.64 \pm 1.18$ ; eosinophils(%) from  $0.11 \pm 0.01$  to  $0.38 \pm 0.03$ ; monocytes (%) ranged from  $0.50 \pm 0.06$  to  $0.49 \pm 0.06$ ; basophils (%)  $0.30 \pm 0.08$  to  $0.35 \pm 0.03$ ; MCH (pg) ranged from  $3.52 \pm 0.10$  to  $4.10 \pm 0.39$ ; MCHC (g/dl) ranged from  $0.90 \pm 0.03$  to  $0.93 \pm 0.05$  ;and ESR (mm/hr) ranged from  $5.01 \pm 0.16$  to  $5.32 \pm 0.89$ .

Hepatic function result (Table 2) showed that ALP (U/L) ranged from  $32.10 \pm 2.03$  to  $32.75 \pm 1.06$ ; AST (U/L) ranged from  $60.04 \pm 0.10$  to  $60.70 \pm 0.22$ ; ALT (U/L) ranged from  $35.71 \pm 0.10$  to  $37.60 \pm 0.04$ ; total bilirubin (mg/dl) ranged from  $0.40 \pm 0.04$  to  $0.45 \pm 0.09$ ; direct bilirubin ranged from  $0.27 \pm 0.01$  to  $0.29 \pm 0.05$ .

Table 3 renal function result revealed that creatinine (mg/dl) ranged from  $0.60 \pm 0.01$  to  $0.67 \pm 0.01$ ; urea (mg/dl) ranged from  $43.79 \pm 1.09$  to  $45.51 \pm 1.20$ ;  $K^+$  (mEq/L) ranged from  $6.80 \pm 0.10$  to  $8.37 \pm 0.29$ ;  $Na^+$  (mEq/L) ranged from  $131.93 \pm 0.13$  to  $133.56 \pm 0.14$ ;  $Cl^-$  (mEq/L)) ranged from  $95.81 \pm 0.17$  to  $97.43 \pm 0.21$  and  $HCO_3^-$  (mmol/L) from  $28.11 \pm 0.09$  to  $29.62 \pm 0.18$ .

## 4. Discussion

The importance of haematology test in assessment of blood relating functions of substances that enter the body cannot be overstated [33-34]. Results of haematology as shown in Table 1, revealed that Hb levels increased apparently in test group Ia and became significant ( $p < 0.05$ ) in test groups Ib, Ic and Id when compared to the control. Increase in Hb level is normally followed by corresponding increase in PCV level. This could be the cause of the observed significant ( $p < 0.05$ ) increase in PCV levels of test groups against the control in the present study. The increased Hb and PCV levels in this study could be that the studied fruit does not induce anaemia. The WBC and its differentials are known to protect the body against foreign body [35]. Their increase in the system is considered as defensive mechanism by the immune system [36]. Aside lymphocytes, eosinophils, monocytes, and basophils were insignificantly ( $p > 0.05$ ) affected in test groups when compared to the control. It could be the *Solanum*

*macrocarpon* fruit induced the production of lymphocytes in test rats. MCH and MCHC are among the parameters used to determine the future of the body in terms of blood relating disease conditions. Both MCH and MCHC were insignificantly ( $p>0.05$ ) affected in test rats against those of the control. Their insignificant effect could be that consumption of *Solanum macrocarpon* fruit may not be linked with any future blood relating disease condition. The ESR is useful as a screening test for any acute or chronic infectious conditions with marked alteration in plasma protein concentration. Serial ESR can be used to monitor disease progression or treatment. Immunoglobulins are affected in raised ESR while increased plasma albumin slows the ESR [37]. The ESR levels in test groups were insignificantly affected ( $p<0.05$ ) when compared to the control group. It could be that the studied fruit did not affect the ESR of the test rats in the present.

The hepatic organ performs vital functions for healthy survival of the body [38]. Among such functions are detoxification of harmful substances, synthesis and storage of important molecules, secretion of bile into the intestine, etc [38-39]. Hepatic enzymes such as AST and ALT are used as markers of hepatocellular damage [40-42] though their specificity differs. Friday [43] noted that disease conditions such as obstruction jaundice, bone diseases, kidney diseases, metastatic carcinoma, etc. increase the levels of ALP in serum. The levels of ALP, AST, and ALT in test rats in the present study were insignificantly affected ( $p>0.05$ ) against those of the control (Table 2). This could imply that the studied fruit did not induce hepatocellular injury in test rats. Bilirubin (both total and direct) levels

were insignificantly affected ( $p>0.05$ ) in test rats when compared to those of the control (Table 2). This could mean that diseases linked with effect on bilirubin in the body, may not be possible with consumption of *Solanum macrocarpon* fruit. The kidney helps in maintaining homeostasis of the body by excreting waste products and reabsorption of important materials [44]. Creatinine is a waste product formed in the muscle by metabolism of creatine [45]. Its retention in the blood is an evidence of kidney impairment [46]. Urea is the main end product of protein catabolism. It varies directly with protein intake. Reduce glomerular filtrate, leads to urea retention in the body, which ultimately results in disease condition of the kidney [47]. The creatinine and urea levels (Table 3) in the present study were insignificantly affected ( $p>0.05$ ) in test groups when compared to the control. Retention of electrolyte ions in the body could lead to renal diseases [48-49].  $K^+$ ,  $Na^+$ ,  $Cl^-$ , and  $HCO_3^-$  levels were insignificantly affected ( $p>0.05$ ) in test groups against the control (Table 3). Their insignificant effect could be that the studied fruit did not influence the absorption or excretion of the ions.

## 5. Conclusion

The present study has shown the effect of *Solanum macrocarpon* fruit on haematology, hepatic and renal function. Conclusively, the observation made so far in the present study revealed a non-negative effect on the haematology, hepatic and renal function parameters of the rats used. The implication could be that humans that consume this fruit are exposed to the same effect.

**Table 1.** Haematology of rats given *Solanum macrocarpon* fruit for 28 days

Groups	Control	I <sub>a</sub>	I <sub>b</sub>	I <sub>c</sub>	I <sub>d</sub>
<b>Parameters</b>					
Hb (g/dl)	12.23±0.17*	14.18±0.03	14.60±0.40*	15.01±0.93*	15.07±0.20*
PCV (%)	39.14± 1.10*	45.38± 1.05*	46.72± 1.00*	48.03±1.06*	48.22±1.40*
WBC (10 <sup>9</sup> /L)	7.32±0.21 *	10.04±0.77*	10.20±0.60*	10.35±0.25*	10.41±0.10*
Lymphocytes(%)	56.34±1.30*	58.97±1.15*	60.04±1.29*	62.19±1.30*	61.64±1.18*
Eosinophils(%)	0.11±0.01	0.25±0.02	0.28±0.03	0.20±0.02	0.38±0.03
Monocytes (%)	0.50±0.06	0.41±0.01	0.43±0.09	0.44±0.08	0.49±0.06
Basophils (%)	0.30±0.08	0.31±0.01	0.33±0.01	0.35± 0.03	0.30±0.02
MCH (pg)	3.52±0.10	3.56±0.22	3.59±0.19	4.08±0.10	4.10±0.39
MCHC (g/dl)	0.90±0.03	0.92±0.01	0.91±0.02	0.93±0.01	0.93±0.05
ESR (mm/hr)	5.01±0.16	5.09±0.27	5.14±0.10	5.32±0.89	5.10±0.20

Results are mean and standard deviation of five determinations. Values asterisked are statistically significant against the control ( $p<0.05$ ).

**Table 2.** Hepatic function of rats given *Solanum macrocarpon* fruit for 28 days

Groups	Control	I <sub>a</sub>	I <sub>b</sub>	I <sub>c</sub>	I <sub>d</sub>
<b>Parameters</b>					
ALP (U/L)	32.10±2.03	32.54±1.84	32.20±1.19	32.10±1.01	32.75±1.06
AST( U/L)	60.04± 0.10	60.19±0.15	61.03± 0.05	60.70±0.22	61.08±0.77
ALT(U/L)	35.71±0.10	37.14±0.03	37.48±0.06	36.26±0.02	37.60±0.04
Total bilirubin(mg/dl)	0.40±0.04	0.43±0.01	0.44±0.02	0.45±0.09	0.44±0.01
Direct bilirubin(mg/dl)	0.27±0.01	0.29±0.08	0.29±0.03	0.29±0.07	0.29±0.05

Results are mean and standard deviation of five determinations

**Table 3.** Renal function of rats given *Solanum macrocarpon* fruit for 28 days

Groups Parameters	Control	I <sub>a</sub>	I <sub>b</sub>	I <sub>c</sub>	I <sub>d</sub>
<b>Creatinine(mg/dl)</b>	<b>0.60±0.01</b>	<b>0.63±0.03</b>	<b>0.58±0.05</b>	<b>0.67±0.01</b>	<b>0.66±0.08</b>
Urea (mg/dl)	43.79± 1.09	44.30± 1.00	44.31± 1.12	45.13±1.02	45.51±1.20
K <sup>+</sup> (mEq/L)	6.80±0.10	7.05±0.13	7.48±0.11	5.95±0.19	8.37±0.29
Na <sup>+</sup> (mEq/L)	131.93±0.13	132.12±0.81	133.56±0.14	132.89±0.31	133.02±0.15
Cl <sup>-</sup> (mEq/L))	95.81±0.17	96.16±0.40	97.02±0.30	96.78±0.10	97.43±0.21
HCO <sub>3</sub> <sup>-</sup> (mmol/L)	28.11±0.09	29.17±0.04	29.54±0.01	29.30±0.12	29.62±0.18

Results are mean and standard deviation of five determinations.

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